

Spiritual Growth Being Your Higher Self Sanaya Roman

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Spiritual Growth: Being Your Higher Self

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Program 1: Being Your Higher Self Experience your higher self in your body, mind, and emotions; give yourself advice. (Also available as Orin's single journey, Being Your Higher Self.) Program 2: Creating With Light You can create miracles with light, send light to others, and learn to put up a bubble of light to lift the energy around you.

Orin's Spiritual Growth: Being Your Higher Self

Spiritual Growth teaches you to have more satisfying relationships with others by using the skills of non-attachment, right use of will, being transparent to others' energies, and communicating as your Higher Self. You will learn to become a source of light and to grow through world service.

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This learning process is often called spiritual growth or developing awareness (developing higher consciousness). For this learning process of concepts, which are difficult to grasp by our rational intellect, we can get very important help and assistance from the spiritual world.

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Spiritual Growth will teach readers how to: be their Higher Selves in their everyday life, create a vision of their higher purpose, and manifest what they want rapidly and easily. Readers will learn to work with light for healing and growth, to connect with the Universal Mind for enhanced creativity, and to link with the Higher Will to carry out their higher purpose.

Spiritual Growth: Being Your Higher Self: Roman, Sanaya ...

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Sanaya Roman, Spiritual Growth: Being Your Higher Self And although it offers so much wisdom, this is also a practical guide. There are many techniques and exercises that will help you to relax, discover yourself, and open up yourself to connecting to the Universal Mind, filled with infinite wisdom.

5 Books to Help You Connect With Your Higher Self

Key Lessons from Spiritual Growth: Reach Upward: Unite with the Universe. No matter how solitary you feel on this planet, you are actually never alone. You... Open Inward: Connect with Yourself. The Universe is perfect. Even the bad things which happen to you happen for a... Expand Outward: ...

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